1. Choosing a Phenomenon
- Which phenomenon are you studying?
- What do you already know about the phenomenon?
- Where do you collect observations, insights and document your learning process?

2. Getting Inspired by the Phenomenon
- Where do you find the phenomenon that you are studying?
- What things are the phenomenon related to?
- What things interest and inspire you about the phenomenon?

3. Setting Learning Goals
- What do you want to learn about the phenomenon?
- What are your goals in studying the phenomenon?
- How do you keep your goals in mind while working?
- How do you assess the process and the achievement of the set goals?

4. Seeking Information and Building Knowledge
- How do you find information and build knowledge?
- How do you know that the information you find is true?
- How do you seek information and build knowledge together with others?
5. Sharing the Learning Process

- How do you share your learning process with others?
- In what ways can you make your learning outcomes visible for others?
- How do you assess your learning and the achievement of the set goals?
- What else would you like to learn?

Assessment

- How do you assess your learning and work processes?
- How do you know what you are supposed to learn?
- How do you know what you have learned?
- What type of feedback helps you learn new things?
- How do you evaluate the achievement of your goals and what you have learned together with others?

Learning Goals

- What are the goals in studying this phenomenon?
- How do you keep your goals in mind?
- How do the goals help you learn?

Participation

- How can you actively guide your learning process? For example, a learning diary, interviews, self- and peer-evaluation, documentation, telling someone else about your work...
- How can you get your friends and family as well as those in your nearby surroundings involved in your learning process?
Diversifying the Process

- How can you utilise technology in learning (e.g. XR technologies, modelling with the help of games and animation, utilisation of various media and applications)?
- What is the best place for studying and examining the phenomenon?
- How can you learn from others?

Action

- How can you utilise knowledge and skills you have learned?
- Can the things you have learned be shared more widely for other people’s benefit (opinion essays, communal campaigns etc.)?
- Do these actions solve a problem in everyday life or another type of problem?